



### **Guidelines for applying for Lifehouse**

Lifehouse is a faith based sober living facility in Carlsbad, NM. Our goal is to help individuals transition from inpatient substance abuse treatment to sustainably sober, independent life by providing a safe environment, healthy relationships, and practical skills.

Applicants must be

- 18 years old or older
- Sober a minimum of 14 days
- Commit to a minimum of 6 months expected stay
- have received substance abuse treatment (preferably professional inpatient)
- when possible come directly from treatment facility/institution

Residents must provide a release date

Rooms cannot be held more than 21 days

Interviews will only be granted within 2 weeks of release

#### **Application Process:**

Applicant submits application to by email:

**Carlsbadlifehouse@gmail.com or Philip.huston@gmail.com**

By postal service:

**Carlsbad Lifehouse, Inc.**

**1406 W. Blodgett St.**

**Carlsbad, NM 88220**

Application will be reviewed and background check run

If applicant is deemed to be eligible and appropriate for Lifehouse, an interview will be scheduled within 14 days of anticipated entry into the Lifehouse program.

After the interview if applicant is deemed to be a good fit for the Lifehouse program, an entry date will be scheduled.

Upon entry applicant will receive an orientation and sign a resident contract.

Resident will spend their initial period in Lifehouse (about 2 weeks) determining their goals for their time in Lifehouse. This includes meeting with a mental health professional, a medical professional, a spiritual director, and a recovery sponsor/mentor. These goals will be reviewed regularly.

Residents will be granted more freedom as they progress in the program.